



Thank you as always for every moment you spend volunteering with us – each minute really does matter. In June, our call companions clocked up an amazing 66,097 minutes befriending older people! We'll report back next month with another super statistic that shows the difference you make.

Our call companion services are in demand more than ever, and we are focusing right now on recruiting phone befriending volunteers to help reduce loneliness for even more older people. We're so grateful to you for giving your time to volunteer with older people, and we know how much it means not just to them, but to you too. If you have a friend or family member, a colleague or contact who'd make the perfect call companion, why not recommend Re-engage to them? There's no-one better than you to suggest our volunteering opportunities to others.

If you'd like to get in touch with comments, questions or information, please email us at [knowledge@reengage.org.uk](mailto:knowledge@reengage.org.uk)

With very best wishes,

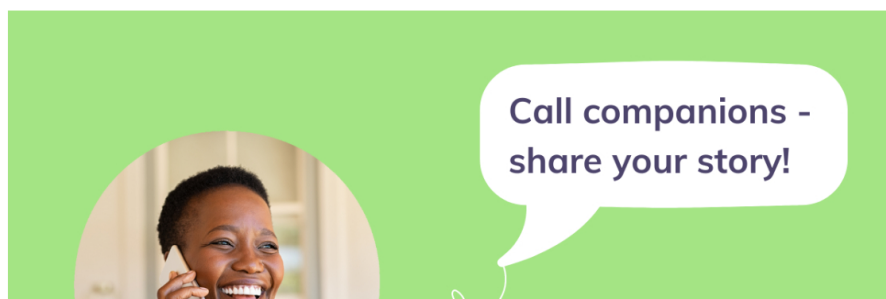
Natalie Hassall  
Support team manager

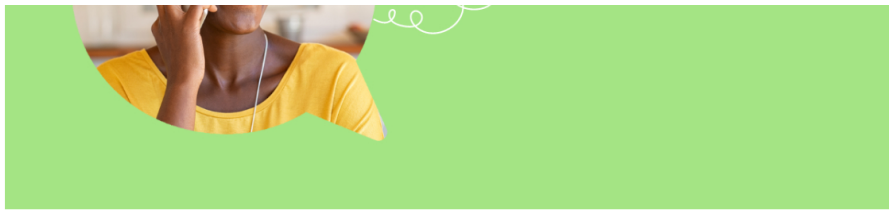


### **Bring a buddy to become a call companion**

Do know someone who would make a perfect call companion? Perhaps they have some spare time over summer, or they're looking for a flexible volunteering opportunity that fits in with a busy life. We need many more call companions to meet the needs of older people living with loneliness – please will you share our online application form far and wide, to family and friends and in your social networks? Thank you

**Bring a buddy**





We'd love to know why you volunteered to be a call companion so we can use your inspirational story to encourage others to join you in supporting lonely or isolated older people.

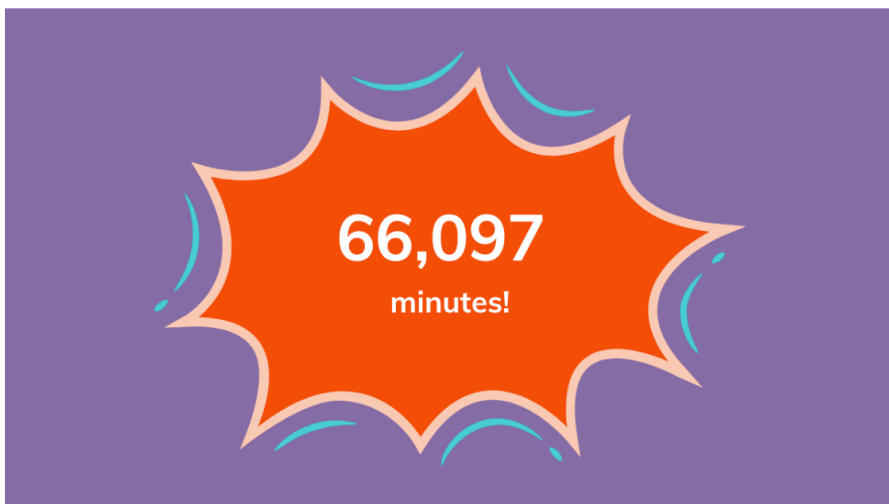
[Share your story](#)



### **Dedicated David recognised for community commitment**

Re-engage volunteer David Durling rebuilt his tea party group after it was affected by the COVID-19 pandemic. He's now been recognised for his work and has even been a guest of the royal family at Buckingham Palace.

[David's story](#)



### **A matter of minutes**

Every minute you spend volunteering with Re-engage, to help reduce loneliness or isolation for older people, has a positive impact on people's lives. And the cumulative impact of those moments makes a genuine, lasting difference. In June, call companion volunteers spent an amazing 66,097 minutes (that's about 1 and a half months!) supporting others. Thank you!

“My experience of my keep fit group is very good, it helps keep me active. I was recommended by a friend about two years ago and have since recommended it to others who are now members. We all enjoy the cup of tea/coffee and the chats at the end of the session.”

- Activity group recipient

## The value of volunteering

We ask older people what Re-engage means to them. Each month, we share some feedback so you can see the impact your time, energy, and generosity have on older people's lives all year round.

Your impact

Please check your details so we can stay in touch

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You are receiving this email because you volunteer for Re-engage.

**Our mailing address is:**

7 Bell Yard, London WC2A 2JR

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