



Reducing
loneliness
in later life
EST. 1965

This month, we're beginning a year of celebrations to mark 60 years of our work reducing loneliness in later life. We're proud of everything we're able to do, to support older people who are isolated or lonely, and we're always grateful for the support from people like you.

Every time someone volunteers with us, fundraises for us, or refers an older person into one of our services, it means we're able to continue growing and helping lift more people from a life of loneliness. Findings from our annual survey of service users and volunteers are being collated, and soon, we'll share with you more about what we've learnt, and how it will influence our work in the future.

Over the next 12 months, we'll be celebrating with some special events, sharing memories from the people who use our services, and thanking the volunteers who make it possible for us to bring companionship back into the lives of people 75 and older.

Read all about this and more in **my monthly update**.

Best wishes,
Jenny Willott
CEO

[Read Jenny's update](#)

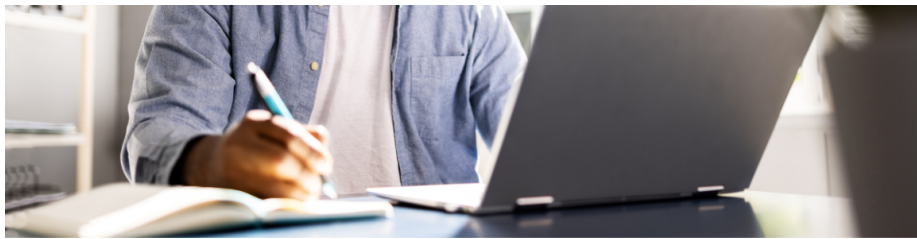


New Bristol group brings people together

We're always finding new ways to bring people together and combat loneliness. That's why we're thrilled to have launched a brand-new social group in Bristol, in partnership with our friends at Tinto Lounge.

[Read more](#)





Apply for our Research 100 programme

We're thrilled to once again open applications for our Research 100 programme. This volunteering opportunity offers students the chance to build real-world experience and gain skills to enhance employability while reducing loneliness and social isolation for older people. Discover more, meet some of our current students, and apply on our website.

[Discover more](#)



The perfect prescription

"Re-engage has made a real impact on the people I support. It's an invaluable service that helps older adults reconnect with their community." Discover why one social prescriber puts us at the top of her list for referring older people who are lonely or isolated.


[Discover more](#)



£25,000 available to win every Friday

Play the Re-engage Lottery for just £1 a week and you could win up to £25,000! Don't miss your chance to win in our weekly lottery and help lonely older people enjoy the companionship of others again.

Play to win

“Companion Callers, tea party hosts, and volunteers have been very friendly and helpful. My life would not be bearable without this help, especially as I live on my own.”

Re-engage service user

Thank you

Whether you're a volunteer, fundraiser, donor, referrer, or you spread the word about our work, you're helping us deliver services that reduce loneliness in later life. Thank you for your support.

Our impact

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