



Reducing
loneliness
in later life
EST. 1965

April saw us mark Parkinson's Awareness Month by highlighting our Call Companions service in partnership with Parkinson's UK; this important initiative offers dedicated support for people living with the condition, and those caring for them. If you're looking for a flexible, rewarding volunteering opportunity, why not consider signing up? We'll support you to make a genuine, lasting difference in someone's life – **find out more about Fiona and Jennifer's experiences** in this short article.

I'm excited to share news from our Policy, Research & Consultancy team, who are working with 24 universities across the UK on a programme of work designed to deepen our understanding of the challenges faced by older people, and how we can be involved in developing some of the solutions to help those who are living longer, also live better.

In this month's e-news, you'll find out more about a brand-new social group for older people in Weymouth, and insight into the **Re-engage Research Group's** chosen topic for 2025.

Read more in my monthly update, and thanks as always for your support.

Best wishes,

Jenny Willott
CEO

[Read Jenny's update](#)



Could you be our next Call Companion?

We urgently need more volunteers to join our Call Companion service. If you're looking for a fun, flexible volunteering opportunity, please apply today. As one of our current Call Companions, Naomi, says: "One 30-minute call once a week is not much at all for me, but can make the world of difference to my companion."

[Apply now](#)





Seaside social group success

Discover how lonely older people in Weymouth now have an opportunity to come together in the heart of the town following the launch of a brand new Re-engage social group.

[Read more](#)



Putting older voices at the heart of research

Discover more about our Research Group's 2025 topic: the link between health service access and loneliness.

[Learn more](#)



Share your messages or memories!

We'd love to hear from you as we celebrate 60 years of Re-engage. Perhaps you've raised

money, or volunteered, or maybe a friend or family member has used our services – whatever your involvement, please share your memories or messages to help us celebrate six decades of reducing loneliness in later life. Simply email comms@reengage.org.uk with your highlights – we can't wait to hear from you!

**Share your
memories**

**“I’ve raised almost £100
to tackle loneliness
through online
shopping.”**

Re-engage supporter

Support us while you shop

Did you know that you can raise money for Re-engage while doing your everyday shopping? Sign up to Easyfundraising and get free donations from thousands of retailers or use your Sparks card while shopping at M&S in-store and online.

Find out more

**It made a big difference knowing someone
was going to ring on the day of the calls. I
knew I was going to speak to someone,
and I made a little list in case the
conversation dried up, but it never did!**

Call Companion participant

Thank you

Whether you're a volunteer, fundraiser, donor, referrer, or you help us spread the word about our work, you're supporting the delivery of services that reduce loneliness in later life. Thank you for everything you do!

Our impact

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