

# THIS COULD BE YOUR CV

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I am an organised, hardworking and reliable student from Example University. I am passionate about giving back, and since graduating from the Re-engage Research 100 programme I have continued to speak to older people regularly as an impact volunteer. I am a fantastic volunteer, and love reducing loneliness in older people.

## EDUCATION AND AWARDS:

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### Research 100 Award

Completed the Re-engage Research 100 Programme.

### Example University

Key modules: Example

### Example Sixth Form

A Levels: Example (X), Example (X), Example (X)

## KEY SKILLS:

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**Communication:** I developed my verbal and written communication skills throughout my time with Re-engage. I conducted over 100 telephone interviews and honed my ability to actively listen and communicate about sensitive topics such as wellbeing and health. I am confident managing difficult conversations, and have training in how to handle safeguarding concerns and escalate calls where appropriate. I developed my written skills through summary report writing following each interview.

**Time management:** Within the Research 100 programme I was responsible for managing my time, and ensured I managed this appropriately around my studies to avoid rushing. I worked within a small team of volunteers, and would often communicate with them about their progress and work collaboratively to encourage others to meet their goals.

**Research skills:** I have real world data entry and user research skills, honed through over 100 hours of volunteering with Re-engage.

## WORK EXPERIENCE:

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### Research 100 Volunteer – Re-engage (part time) *October 2024 – October 2025*

- Working directly with beneficiaries and other volunteers; using technology to understand the impact Re-engage has on the lives of older people experiencing loneliness and social isolation.
- Conducting telephone surveys and interviews and completing data entry.

## INTERESTS:

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**Ending social isolation and loneliness for people aged 75 and over!**

## REFERENCES:

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On request.

